



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# CYCLE SCHEDULE

WILKES FAMILY YMCA

February 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				5:45-6:45 Cycle Julie		
9:30-10:30 Cycle Julie		9:30-10:30 Road Cycle Jenny R		9:30-10:30 Cycle Kyrie		
5:30-6:30 Cycle April	5:30-6:15 Easy Rider Kyrie	5:30-6:30 Cycle April				

Remember to bring a towel and water to class!

First timer? Come join us!! Arrive 10 minutes early to meet with instructor and get set up on your bike! ENJOY!

**WILKES FAMILY YMCA**

1801 YMCA Boulevard Wilkesboro, NC 28697  
 P 336 838 3991 F 336 838 0979 www.wilkesymca.org A United Way Agency  
 Our Mission: "Helping people reach their God-given potential in spirit, mind and body."